

The Comparative Study of Coping Styles and Hope among Narcotic Anonymous and Methadone Maintenance Treatment Members

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Abstract

Introduction: Narcotic Anonymous (NA), and related 12-steps program have predominant influence on drug abuse treatment programs. The aim of this study was to compare coping styles and hope among Narcotic Anonymous and Methadone Maintenance Treatment members. **Method:** In this causal-comparative study, 100 male (50: NA, 50: MMT. Age: 20-40, minimal clean: 6 month), from Shahrood city completed coping styles scale, and hope scale. **Findings:** Results showed that Mean scores of Agency thinking, Task-oriented coping style, and Avoidance-oriented coping style, in NA members was significantly high, from MMT members. Also, results of Discriminant Analysis showed that comparative differences between this samples were highlighted in compound of variables. **Conclusion:** It seems that actively attendance in NA may enhances effective Coping style and hope.

Key words: Narcotic Anonymous, Methadone Maintenance Treatment, Hope, Coping Styles

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