The Comparison of Personality Traits and Defense Mechanisms in Addicts Subjects and Healthy Subjects

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Abstract

Objective: This study was carried out to compare the personality traits and defense mechanisms in Addicts group and healthy subjects. **Method:** In This descriptive study by cluster method in access, 100 addicted and 100 nonaddicted people were selected. Used questionnaires to assess defense mechanisms are (DSQ40) and NEO. the data were analyzed with using MANOVA. **Result:** Data analysis revealed a significant difference between addicted subjects and healthy subjects are used in terms of defense styles and terms of NEO. The data analysis revealed that neuroticism and immature and neurotic defense mechanism is more in addict subjects mature defense mechanism and extravertion, oppeness to exprience, agreeableness and conciosiness is more in healthy subjects. **Conclution:** According to this results it can be concluded that personality traits and defense mechanisms is one of the main ingridient in accession or tensification symptoms of addiction.

Keywords: Personality Traits, Defense Mechanisms, Addict Subjects

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